

Media Release

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Melbourne midwife a finalist in national nursing awards for holistic patient care approach

Today, HESTA announced Emma Murphy, a Melbourne midwife working in maternity services supporting women with complex needs, as an Outstanding Graduate finalist in the 2015 HESTA Australian Nursing Awards.

A highly skilled and collaborative professional, Ms Murphy is based at the Eastern Health's Angliss Hospital in Upper Ferntree Gully, where she has been recognised for her mature approach to holistic patient care.

Beginning with antenatal visits, Ms Murphy works closely with pregnant women, through to birthing, postnatal care and the provision of 'at home' domiciliary midwife care.

Recognised as being of a continual high standard, Ms Murphy's holistic patient care included caring for clients with complex medical histories.

"Due to a past history of mental health and drug related issues some women who visit us need specialist care — it's my job to ensure the privacy of the patient, provide comfort to her concerned family and also make sure other staff around her are well informed," said Ms Murphy.

"Supporting the entire team in the 12 hours following a birth, especially one that required specialist care, safeguards the process, and also means our staff maintain focus and drive — to achieve a positive outcome for the patient.

"Although challenging, guiding women safely through their pregnancy to birth is a great outcome for us all.

"The hospital needs to include the patient in the collaborative process. When we identify an issue or concern, we also escalate it to senior staff and follow up thoroughly on any plans made by the women in our care."

Recognised for her compassionate nature, Ms Murphy also has an organised and methodical approach to her profession that enabled the provision of high-level antenatal education to women.

HESTA Australian Nursing Awards finalists are in the running for a share of a \$30,000 prize pool, provided by our proud awards sponsor **ME**.

The Outstanding Graduate and Nurse of the Year Award winners will each receive a \$5,000 **ME** EveryDay transaction account and \$5,000 towards further education. The Team Innovation Award winner will receive a \$10,000 development grant.

ME CEO, Jamie McPhee, said, "We're delighted to give these outstanding individuals the opportunity to develop their careers, while also supporting innovative health programs which benefit the entire sector and community."

Winners will be announced at the HESTA Australian Nursing Awards dinner on Thursday, 15 October in Brisbane.

For more information about the awards visit hestaawards.com.au

Follow the Twitter conversation [@HESTANurseAwdz](https://twitter.com/HESTANurseAwdz)

*The 2015 HESTA Australian Nursing Awards is a HESTA initiative, run in partnership with the Australian College of Nursing (ACN) and proudly sponsored by the bank owned by industry super funds, **ME**.*

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