

Media Release

Tuesday 29 September 2015



Ipswich nurse excels in improving emergency practices

Today, HESTA announced Sandra Ingram — an Ipswich nurse who developed an innovative approach to delivering exceptional patient care — as an Outstanding Graduate finalist in the 2015 HESTA Australian Nursing Awards.

A graduate nurse at Ipswich Hospital, Ms Ingram demonstrated leadership and dedication to improving conditions within the operating theatre during emergency situations.

Committed to providing the best possible care to patients, Ms Ingram has been commended by her colleagues for initiating new procedures to improve emergency situations, and championing excellent nursing assessment, hand hygiene and surgical safety.

“Working during an emergency situation presents many challenges, especially as a new graduate. After doing a bit of research I discovered that we could be more innovative in our approach,” said Ms Ingram.

“Improving patient care is something I’m passionate about. To me, small changes can make a big difference. If every team member knows exactly who is responsible for performing each role during emergency situations, then it will result in better patient outcomes and more efficient responses.

“As a recent graduate, I want share my newly found skills and knowledge to improve patient care and encourage colleagues to follow correct procedures.”

Taking an active role within the team, Ms Ingram has also been recognised for her collaborative approach to communication, especially during a crisis.

HESTA Australian Nursing Awards finalists are in the running for a share of \$30,000 in prizes, from proud awards sponsor **ME**.

The Outstanding Graduate and Nurse of the Year Award winners will each receive a \$5,000 **ME** EveryDay transaction account and \$5,000 towards further education. The Team Innovation Award winner will receive a \$10,000 development grant.

ME CEO, Jamie McPhee, said, “We’re delighted to give these outstanding individuals the opportunity to develop their careers, while also supporting innovative health programs which benefit the entire sector and community.”

Winners will be announced at the HESTA Australian Nursing Awards dinner on Thursday, 15 October in Brisbane.

For more information about the awards visit hestaawards.com.au

Follow the Twitter conversation [@HESTANurseAwdz](https://twitter.com/HESTANurseAwdz)

*The 2015 HESTA Australian Nursing Awards is a HESTA initiative, run in partnership with the Australian College of Nursing (ACN) and proudly sponsored by the bank owned by industry super funds, **ME**.*

Media contact

Luisa Saccotelli 0400 149 901 or Aileen Muldoon 0419 112 503.